

# Patrington EYFS PSHE Curriculum



# Autumn Term One: Relationships

## **Families and Friendships**

This links to the theme of 'What's your superpower?'

'Consent' woven and taught throughout

# Vocab

Family

Friends

Mummy

Daddy

Teacher

Grandma

Grandad

Brother

Sister

home, school, team,

happy, sad, worried

	<b>Week One</b>	<b>Week Two</b>	<b>Week Three</b>	<b>Week Four</b>	<b>Week Five</b>	<b>Week Six</b>	<b>Week Seven</b>
<b>Lesson Focus</b>	What is a family? Who is in your family?	What is caring? Who cares for you?	Our school team/family at Patrington	Things that make you happy	Things that make you sad, unhappy, worried	Who to tell if you are feeling sad, unhappy, worried	
<b>In what form</b>	Discussion-sharing family photos and pictures	Discussion- child voice	Discussion and sharing photos and things observed that show caring and kindness	Happy House drawing	Discussion around the vocab	Sorting pictures of things that could make someone feel this way based on the previous weeks discussion	
<b>Embedded by</b>	Opportunity to draw/make family in the provision/photos of the family up in the environment	Opportunities to make links with the 'superheroes' and how they care for people	Focusing on kindness and caring in the provision- identifying this as you see it- all adults  Reflections at the end of the day on how this makes you feel	Linked to the colour monster and ongoing discussions as rules are embedded		Reiterating the importance of telling any grownup in school	

# Autumn Term Two: Relationships

## Safe Relationships

This links to work on routines and rules from Autumn One and 'Celebrations' work in Autumn Two

# Vocab

Penis  
Vagina  
Vulva  
Breast  
Bottom  
Mouth

Body,  
Hurt,  
rules,  
safe,  
bullying/bully  
feelings,  
Help,  
unkind,  
kind,  
private,  
uncomfortable,  
safe,  
Unsafe  
Trust  
Adult  
consent

		<b>Week One</b>	<b>Week Two</b>	<b>Week Three</b>	<b>Week Four</b>	<b>Week Five</b>	<b>Week Six</b>	<b>Week Seven</b>
<b>Lesson Focus</b>		<p>Looking after our bodies- rules to keep us safe.</p> <p>How do we keep safe in school? Walking, listening to instructions etc.</p> <p>Who has hurt themselves before? (falling over and hurt knees etc)</p>	Bullying Week	<p>Actions can hurt bodies</p> <p>Hurting others and having unkind hands and feet</p>	Words can hurt feelings	<p>What can we do if someone is unkind by hurting you or saying unkind things to you? Trusted adults</p>	Looking after our bodies and keeping warm and wrapped up in the winter	Looking after our bodies and keeping covered up
<b>In what form</b>		Discussion around	Discussion Odd Socks	Discussion and role play	Role play	Share some examples		Pantarsurus
<b>Embedded by</b>		Reiterating the rules	Revisiting the key text 'The Colour Monster'		Pointing out kind words			

Any of these objectives will be revisited throughout the year where needed

# Spring Term One: Relationships

Respecting Ourselves and Others- following on from the week on kindness (anti bullying week/kindness day/colour monster)



# Vocab

Kindness

Respect

Polite

Friend

	<b>Week One</b>	<b>Week Two</b>	<b>Week Three</b>	<b>Week Four</b>	<b>Week Five</b>	<b>Week Six</b>
<b>Lesson Focus</b>	What is kindness?	How does the act of kindness make us feel?	Acts of kindness around Patrington	Respect	Polite	Showcasing our buckets
<b>In what form</b>	Read/launch: Have you filled a bucket today?	Discussion	'Spreading the kindness' be creative	Discussion	Role Play	Photos/Big Book review/child voice
<b>Embedded by</b>	Making kindness buckets/jars		kindness/glitter visual activity			

# Spring Term Two: Living in the Wider World

Belonging to a community

# Vocab

Rules,  
care,  
environment,  
recycling,  
different,  
community

	<b>Week One</b>	<b>Week Two</b>	<b>Week Three</b>	<b>Week Four</b>	<b>Week Five</b>	<b>Week Six</b>
<b>Lesson Focus</b>	What rules do we have? (school, home, shops, crossing the road)	Why do we have different rules?	Litter- What is the rule about this?	How can we look after the environment?	How can we look after the environment?	Consolidation based on what the children need
<b>In what form</b>	Discussion/post it notes for big book	Discussion	Posters for the parish council	'Michael Recycle' Book/discussion	Posters for Withernsea beach/Hull Docks	Recycled art project displayed
<b>Embedded by</b>	Pointing out rules throughout the week		Campaigning			

# Summer Term One: Health and Mental Wellbeing

Physical Health and Mental Wellbeing

\*Linked to mental health day -earlier in the year- emphasis on the daily check ins too/P.E and the 'Brush Bus'

Vocab

Healthy,

diet,

exercise,

accident,

hygiene,

care,

unhealthy

	<b>Week One</b>	<b>Week Two</b>	<b>Week Three</b>	<b>Week Four</b>	<b>Week Five</b>	<b>Week Six</b>
<b>Lesson Focus</b>	Keeping Healthy- What does this mean?	Healthy Foods	Exercise	Hand Washing	Safe in the sun	Consolidation
<b>In what form</b>	Discussion/Sorting pics	Sorting pics  Designing a healthy meal	How many things can we do in a minute/Share extracurricular activities	Discussion around the importance of 'bread experiment'	'Sun, Splat, Wrap'	
<b>Embedded by</b>	Continuous good practice	Making fruit kebabs/healthy smoothie	Continuous good practice		Forming independent good habits	



# Summer Term Two: Health and Mental Wellbeing

Keeping Safe

Vocab

Stranger

Danger

Trusted adult

Personal

Private

information

safe

	<b>Week One</b>	<b>Week Two</b>	<b>Week Three</b>	<b>Week Four</b>	<b>Week Five</b>	<b>Week Six</b>
<b>Lesson Focus</b>	Stranger Danger	Personal Information	Internet safety	Telling an adult	consolidation	consolidation
<b>In what form</b>	Role Play/Discussions	Examples/Discussion	Role Play/Discussions	Consolidation of ongoing work and discussion all year		
<b>Embedded by</b>			Reminder to parents			